Sacred Frankincense

Product Summary
Sacred frankincense essential oil is distilled from *Boswellia sacra* trees at the Young Living distillery in Oman. This new variety of frankincense is a complement to *Boswellia carteri*—Young Living’s traditional frankincense—and is ideal for special use when a deeper spiritual connection is desired. Omani frankincense is regarded as the world’s rarest, most sought-after aromatic in existence. After careful negotiations with Omani officials, Gary Young was granted permission to build a Young Living distillery in-country and to take the resulting essential oil out of Oman. Until this partnership, no Omani frankincense had ever left the country, unless directly purchased by Saudi royals. Omani frankincense is highly regarded as the frankincense of the ancients and the traditional spiritual oil of biblical times. Young Living’s sacred frankincense marks the first time any Westerners have been able to experience these unique, spiritual properties.

Primary Benefits
+ Deepens spiritual connection.
+ Supplements the everyday application of *Boswellia carteri*

Who Should Take Sacred Frankincense?
+ Adults 18 years or older

Suggested Use
+ **Aromatic:** Diffuse in your TheraPro™ or Aria™ diffuser up to one hour three times daily. Diffuse this oil while practicing yoga, meditation, or prayer to deepen your experience and feel a connection to ancient traditions.
+ **Dietary Supplement:** Put two drops in a capsule. Take three times daily or as needed.
+ **Topical:** Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

Cautions
+ Possible skin sensitivity. Keep out of reach of children. If pregnant, nursing, taking medication, or have a medical condition, consult a health-care practitioner prior to use.
+ Keep in a cool, dark place.
+ Do not use near fire, flame, heat, or sparks. Do not store at temperatures above 120°F (49°C).

Did You Know?
+ Sacred frankincense is the first Omani frankincense to be available to those outside of Saudi royals or the privileged of Oman.
+ Gary Young was on site to supervise the building of Young Living’s distillery in Oman.
+ When used during yoga, meditation, or prayer, sacred frankincense can deepen your spiritual experience.

Complementary Products
+ TheraPro Diffuser
+ Frankincense (*Boswellia carteri*)
+ Common Sense™ essential oil blend

Key Scientific Studies

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Product Information

+ Sacred Frankincense Essential Oil—15 ml
+ Item No. 3552